



Product Service

CERTIFICATE

No. Z1B 18 02 70852 017

Holder of Certificate: Indoorcycling Group GmbH

Happurger Straße 84-88
90482 Nürnberg
GERMANY



Certification Mark:



Product:

**Stationary training equipment
Exercise bicycle with a fixed wheel**

The product was tested on a voluntary basis and complies with the essential requirements. The certification mark shown above can be affixed on the product. It is not permitted to alter the certification mark in any way. In addition the certification holder must not transfer the certificate to third parties. See also notes overleaf.

Test report no.: 028-713126907

Valid until: 2023-02-21



Date, 2018-02-23

Thomas Maier
(Thomas Maier)

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Product Service

CERTIFICATE

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Model(s): LifeFitness IC7 B2 powered by ICG (No. IC-LFIC7B2)

Parameters: Bike with Belt drive and fixed wheel
Steel frame with magnetic resistance sytem and emergency stop
Rear & Front stabilizer with additional protection covers and rubber leveling feet
Overall dimension: approx. 1200 mm x 1100 mm x 520 mm (l x h x w)
Maximum User weight: 150 kg
Total weight: 54 kg

Adjustment Range
Seat: max. Height 120 cm
Vertical: 0 ~ 30 = Stop
Horizontal: -10 ~ +10
Handlebar: max. Height 120 cm
Vertical: 0 ~ 26 = Stop
Horizontal: -2 ~ +8

Assembly	Dimension	Material
Frame	1091x760x220 mm	regular steel
Flywheel	405 Ø x 10	alloy, 4 kg
Crank length	172,5 mm	steel
Crank Diameter stroke	345 mm	
Q-Factor	155 mm	
Brake System	180x120x60 mm	plastic
Handlebar	890x590x540 mm	steel & PVC
Seat	820x400x150 mm	PU foam, PVC cover
Stabilizer	520x200x70 mm	steel & plastic
Pedals		
SPD combi pedal or Look /SPD combi pedal	1150x85x25 mm (l x w x h)	alloy Body, steel axle

More Parameters: see Annex

Tested according to: EN ISO 20957-1:2013
EN 957-10:2005
PPP 53372A:2014
EN 60335-1:2012/A11:2014

Production Facility(ies): 71628

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Annex to TÜV SÜD Mark Certificate No. Z1B 18 02 70852 017

LifeFitness IC7 B2 powered by ICG (No. IC-LFIC7B2)

Computer and electrical specifications for IC7

Full Color TFT LCD Display 4.3", 272 x 480 pixels
 RGB Frontlight for CBC (Couch By Color® Function)
 CBC Colors are White, Blue, Green, Yellow, Red
 5 Capacitive Touch Buttons

Displayed Values

- Displayed values are depending on the given user setup
- Workout Time
- Bike Number
- Cadence - RPM (actual, average, maximum)
- Brake Level – 0...100%
- Power – Wattage (actual, average, maximum)
- FTW% (Functional Threshold Wattrate®)
- CBC Zone with graphical Zone Range Indication (Power Training or Heart Rate

Training)

- Heart Rate – BPM, depends on user setup (actual, average, maximum, HR percent of maximum)
- Calories (kcal)
- Distance (in metric or imperial units)
- Speed (in metric or imperial units, actual, average, maximum)
- Effort calculation of Watt/kg and/or Watt/BPM (actual, average, maximum)
- Time and Distance in Lap
- Statistics of Workout Time, Calories and Distance in a given CBC Zone

User Data Input

- Power Training and Heart Rate Training
- Age, Color Mode, Fitness Level, FTP Value (calculated and adjustable), Gender, Maximum HR (calculated and adjustable), Pair with App, Weight

Pause Workout

Summary Function

Wireless Functions

- Bluetooth Low Energy (Bluetooth Smart)
- Bluetooth Classic
- ANT and ANT+ Wireless Transmitter
- WiFi 802.11 (b/g/n)



Product Service

IC7 Power System

The IC7 Power System consists of an accumulator and a Generator powered supply.

Lithium Polymer Accumulator (LiPo Battery)

Model Name: U985472-5000mAh

Dimension: 72 mm x 54 mm x 9.8 mm

Voltage Range: 2.75 V..4.2 V

max. Output Current: 5000 mA

Internal System Power

+5V/ 2A (in Generator Mode)

+5V/ 1A (in Battery Mode)

+3,3V/200 mA (MCU Supply)

Department: GARTCP / T. Maier

Date: 2018-02-23

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